

EKO COMMUNICATOR®

Quarterly Newsletter of Eko Club International®

June 2013 Edition

Eko Club California Hosts ECI



: Past Presidents Roasted



















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We continue to glorify God for His love and mercies abound.

The season of graduations came upon us as we witnessed future leaders amongst our children graduate from various institutions of learning and at all levels! Our team at Eko Communicator is very proud of your many achievements and we applaud the parents for their sacrifices! *"Olorun a je ki a j'ere awon omo wa o!"*

Eko Club Atlanta and Eko Club Delaware Valley chapters both deserve several gbosas for successfully hosting the ECI community in the months of March and April, respectively. ECA, you are good in our books now!

ECI election year is here again! It usually is an exciting period of our coexistence when worthy members step up with courage and confidence to assume roles of leadership. It is also a period when hitherto unpaid membership fees and chapters dues are paid up as these are prerequisites for participation in the electioneering process.

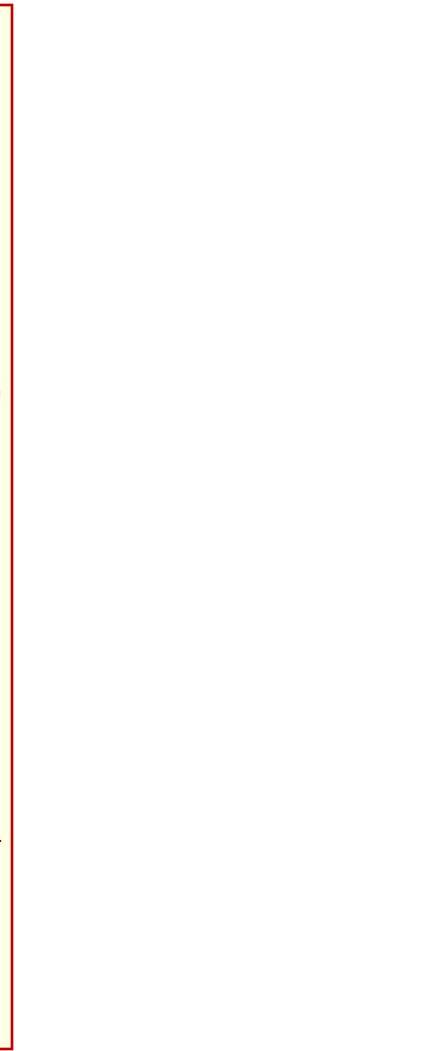
As the process of campaign steams up, we must continue to remember the essence of coming together in the first place! Love! Unity! *Ilu Eko o ni baje o*!!!

On a last note, we commiserate with people and government of Lagos state on the death of Alhaja Abibat Mogaji *Ki olorun fi orun ke mama.*

Eko oni baje! O baje ti!!!

Sincerely,

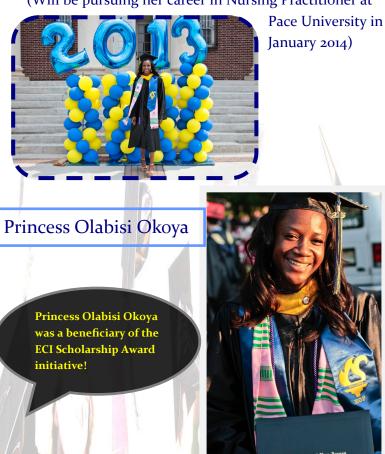
Saheed Olushi Editor (<u>eci.editor@yahoo.com)</u>



It's Graduation Time

Pictures below are those of Hon. & Mrs. Okoya's (Philadelphia) two beautiful daughters who graduated recently with as follow:

 B.S degree from The College of NJ in Exercise Science (Will be pursuing her career in Nursing Practitioner at



Princess Samiat 'Tito Okoya

 Graduated from St. Mark's School in Boston and will be heading to Southern Methodist University in August to major in communication and journalism.

Protecting Your Biggest Financial Asset—You!!

Larry Akinde, Eko Club Washington Metro Area (Maryland)

Life can turn on a dime. You never know when the unexpected might happen. And when it does, your life can change completely. What would happen to you and your family if you had an accident on the way to work? Or what if you learned of a serious health issue during a routine physical exam?

Unfortunately, these types of things happen all the time. That is why it's so important to plan ahead for the possibility of lost income due to death, disability or a health crisis.

Here are some steps you can take to minimize financial risk:

1: Protect your family with adequate life insurance:

Having adequate life insurance coverage means money will be available to help protect your loved ones from financial troubles when you are not there to protect them yourself. Life insurance proceeds can help with car payments, household expenses e.g. mortgage/rent payments, utilities, etc., child care and medical bills. It could even make a difference in whether your children can afford college tuition

2: Gain Peace of Mind with Supplemental health Insurance:

If you have health insurance, you know it doesn't cover every expense. A supplemental health insurance policy can help fill in the gaps-it can help with copays, deductibles and nonmedical care, such as transportation and nonmedical housing not covered by your primary policy.

3: Protect your income with Disability Insurance:

A disability income insurance policy can help replace a portion of your income, so you can pay household bills and meet your other financial obligations if you are unable to work because of a covered disability. Typical in the market are short term or long term disability coverages.

You can't predict the future. But with help from a trusted advisor, you can plan ahead and make sure your family will have the financial support they need in a crisis.

It might sound rudimentary but a good number of us ignore due diligence when it comes to taking care of home.







2013 – Getting to Next Plans for Eko Club International

- 1. Wealth creation for our chapters & members rather than self-taxation
- 2. Orchestrate a very strong youth presence to salvage our future
- Reconnect back to our roots in Lagos through building a strong symbiotic relationship with Lagos and presence at the center
- Develop a policies & procedures manual to capture all the steps involved in project execution and our various processes
 Finally, initiate the building of a secretariat for EGI here in the USA

FATAI ADESIJI for EGI President 2013

1 WEALTH CREATION

The issue is how we change the self-taxation project/program methodology into collaborative and sponsored methodology that will be self-sustaining and also put us as an organization on top of viable NGOs/non-profit organizations.

- a. ECI currently has a project that can be described as award winning for its humanitarian effort; we just need to use it accordingly. The first exercise for the 1st 90 days is repackaging of our image and branding of this award winning program. As a member of the Junior Chamber a renowned leadership training organization this can be done seamlessly using templates that have been tried and tested over time.
- b. Teaming up with major NGOs here and in Nigeria is another way to build a very strong organization, because indirectly we connect and can tap some of our partners' connections.
- c. We will cultivate partnerships that will lead to recurring donations annual donors for key projects.
- Developing a sharp grant-writing culture within the organization will help consolidate our bid to become a matured organization.

Using the above tips and some others we shall strive to attract donors and financiers to help alleviate the burden of self-taxation amongst members and become a mature 21st century and beyond organization.

2 YOUTHS

For continuity ECI must strive to create incentives & programs that will attract; retain and develop quality youths into our various chapters—and retain them. Under my presidency we will employ another tried and tested methodology of cultivating/creating chapters in the universities & colleges of higher learning. This will not be new because the Rotary, Lions, the Junior Chamber and a host of other **prominent** organizations do this already. These young ones will inject a whole lot of newness into our organization with more technological breakthroughs than we can even imagine. When we bring in and develop the youths into our fold the issue of **e-TV** and **INFO TECH** will be a thing of the past. A by-product of our developing youth membership is they will be there for our kids in the future.

3 LAGOS REFORM

A wise person once said, "A river which forgets it source will dry". Building on and strengthening the relationship between ECI (i.e., Lagosians in the diaspora) and Lagosians at home to foster collaboration for the betterment of Lagos State, is a task that must be done. As you all are aware I am currently building a library for the kids in Isheri Olofin and worked also with the Osolo of Isolo, to secure a landed property for ECI on which the Dr. Nurudeen Olowopopo's clinic is being built, my administration will strive to secure an office for ECI at Alausa, Lagos. This office will serve as our liaison office, and it will also bring ECI closer home. Having an office at Alausa will facilitate the LAGOS BRAIN GAIN and build a better relationship with the Government and the people of Lagos as a whole.

4 POLICY AND PROCEDURES MANUAL

Our past presidents and their executives worked with the constitution and by-laws, as part of advancement to the next level, my team will produce a policy and procedures manual for the ECI in my first six (6) months. This manual will contain well-laid out procedures on how we execute our major projects, lessons learnt from past executions and become a helpful reference for future projects. The manual will also have templates for documentation of all our projects, making future projects seamless to execute.

5 ECI SECRETARIAT

My team will initiate a 4 year phased development plan of ECI building sited in any of our current chapters in the United States.

VOTE ///progress & way to get to NeXT Level. Vote Fatai Adesiji as FCI President 2013

LAFFS 4 FREE

I didn't enlist in the Army — I was drafted. So I wasn't going to make life easy for anyone. During my physical, the doctor asked softly, "Can you read the letters on the wall?" "What letters?" I answered slyly. "Good," said the doctor. "You passed the hearing test."

The elevator in our building malfunctioned one day, leaving several of us stranded. Seeing a sign that listed two emergency phone numbers, I dialed the first and explained our situation. After what seemed to be a very long silence, the voice on the other end said, "I don't know what you expect me to do for you; I'm a psychologist." "A psychologist?" I replied. "Your phone is listed here as an emergency number. Can't you help us?" "Well," he finally responded in a measured tone. "How do you feel about being stuck in an elevator?"

Our first stop as new recruits was the barber's. "Want to keep your sideburns?" he asked. "Yes, that would be great," I said. "Okay, I'll get you a bag to put them in."

Dating is complicated. You don't believe us? Here are some examples:

Right after we broke up, my ex-girlfriend called to ask how to change her relationship status on Facebook.

I got into a 90-minute argument with my girlfriend because she was adamant that Moby Dick was a true story. I finally let her win so I could go to sleep.

My now ex-girlfriend and I were in my room one day, and the Internet was particularly slow. After I complained, she suggested that I untangle my Ethernet cord so that more Internet could get through.

I recently joined an online dating site, and one of my matches was my first cousin.



The Window

A young couple moves into a new neighborhood. The next morning while they are eating breakfast, the young woman sees her neighbor hanging the wash outside.

"That laundry is not very clean", she said. "She doesn't know how to wash correctly. Perhaps

she needs better laundry soap."

Her husband looked on, but remained silent. Every time her neighbor would hang her wash to dry, the young woman would make the same comments. About one month later, the woman was surprised to see a nice clean wash on the line and said to her husband:

"Look, she has learned how to wash correctly. I wonder who taught her this." The husband said, "I got up early this morning and cleaned our windows."

EKO CLUB INTERNATIONAL

EDITORIAL COMMITTEE

Larry Oluwa (London) - Chairman Rauph Ogunbiyi (Houston) - Secretary Laura Ajayi (Canada) Wale Idreez (Chicago) Steven Ojumu (Atlanta) Femi Igbalajobi (Ohio) Wasiu Ope (Minnesota) Toyin Ola (ECI PRO) - Coordinator Saheed Olushi (New York) - Editor

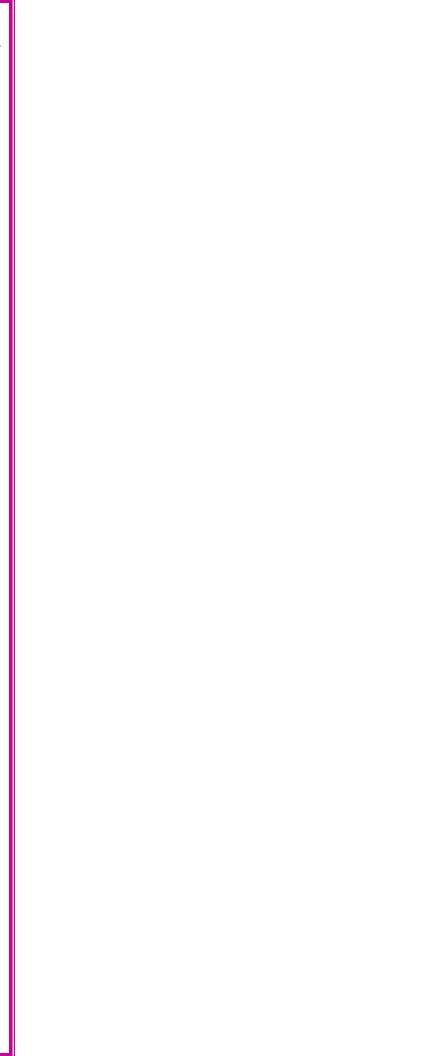
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Zainudeen Popoola– President Bissy Gaji— Vice President Khairat Animashaun-Ajiboye— Secretary Saheed Olushi —Asst General Secretary Kolawole Daniel—Fin. Secretary Olatunji Anthonio —Treasurer Larry Ojo—Auditor Kemisola Baljak– Liaison Officer Lateef Saaka —Social Secretary Bashir Rahman— Whip Toyin Ola — Public Relations Officer Jubril Batula—Legal Advisor

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Olu Maginnis Otubusin — Chair (Houston) Kola Ogunyemi — Vice Chair (NY) Francis Olaitan — Secretary (Dallas) Fuad Jinadu — Financial Secretary (Raleigh) Deji Ajiboye— (Atlanta) Kemisola Baljak—(Canada) Shamsideen Ajaga-Ekemode— (Chicago) Bola Okoya—Philadelphia Ade Oseni Adegbite—Washinton Dc Metro Habeeb Kotun—Memphis Quadri Ayo Salvador—Florida Femi Osabiya—Ohio Deen Kadiri—New Jersey Tolani Akinpelu—London TJ Abass— Ex Officio

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ECI CHIEF LIAISON OFFICER

*1st Female Member of ECI Board of Directors

VOTE

emisola

- * Among the first 3 women appointed to start the ECI Women Forum
- * 1st Secretary & currently the 2nd term Chairperson for the ECI Women Forum
- * Under my leadership, ECI Women Forum raised over \$10,000 during the 2011 Convention
- * Formally Social Secretary for Eko Club Canada, was then elected as the Vice President and now I am the current President for Eko Club Canada for a second term. During my leadership I've:
 - Increased membership in Eko Club Canada
 - Raised significant funds during Eko Club Canada fundraising events
 - Travelled to meet ECI quarterly/biennial meetings around the world
 - Lead and managed the ECI Convention in Chicago
 - Participated in the ECI Medical Mission in Lagos

As a woman of honour and integrity, I will continue to work for the success & growth of this great organization!



HEALTH SECRET!

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- The fruit and juice of the noni plant have been used by Polynesians for over 2,000 years.
- TAHITIAN NONI® Juice has been subject to considerable scientific study by researchers throughout the world.
- TAHITIAN NONI® Juice is an exclusive product of Morinda.
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- Prior to introducing TAHITIAN NONI® Juice, Morinda spent nearly three years testing and researching TAHITIAN NONI® Juice.
- TAHITIAN NONI® Juice helps support the immune system, increases energy when consumed consistently over time, and provides superior antioxidants.

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Our 10-Point Agenda

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- **1. Complete Dr. Olowopopo Clinic**
- 2. Empower our Youth
- 3. Leverage on our Expertise to obtain Grant
- 4. Mentor our Youth with professionals within ECI
- 5. Empower our women
- 6. Increase and strengthen ECI membership

- 7. Facilitate Economic empowerment for ECI Members
- 8. Comprehensive overhaul of our finances
- 9. Utilize ECI Chief Liaison officer as the Gatekeeper in Lagos
- **10.Convene Chapter Presidents**



Introduction of young professionals

BY: DR. SHAMS'EL DEEN EKEMODE-AJAGA (MD/PHD)

Dr. Mary Ogechi Dominics Obtained her Medical Degree in 2010 from American University of Antiqua College of Medicine (AUA) and proceeded to get her master degree in Public Health from Walden University where she works as a community Health advocate in Houston Texas.

Currently she holds a position as a Health educator and counselor, teaching and coaching her clients, patients and community residents on the importance of healthy living and how to maintain a healthy lifestyle. She also works with Electronic Medical Recording (EPIC EHR) "highly customized instance of Epic Systems' award-winning



Practice Management System (PMS) and Electronic Health Record Solutions (EHR); complete with an enterprise-wide patient index, ELINCS lab and multiple disease and insurance registry interfaces designed to integrate your services with third party service providers, and robust health information exchange capabilities (including between Epic and non-Epic systems)".

In December 2012, Dr. Dominics held a presentation on Nutrition segment of Diabetes Mellitus under the direction of Dr. Shamsi Ekemode-Ajaga, during EKO CLUB INTERNATIONAL town hall quarterly meeting in Houston, focusing on Diabetes Mellitus prevention and management by utilizing the tool of the pH food scale system to eat smart and healthy.

<u>Please help me welcome one of our daughter into the ECI Team of young Doctors striving to make the ECI the best yet</u> <u>in the Health awareness education</u>



Dr. Sikirat Oluwatosin Onikoyi, Obtained her Medical Degree in 2011 from Saint Mathews University School of Medline, Grand Cayman Island and proceeded to get her master degree in Business Administration with Health Management Concentration from Davenport University, School of Business Grand Rapids, MI in 2012.

Currently she holds a position as a Health Medical Extern/Physician at DeKalb Medical Center Infinite Gastroenterology Lithonia, GA,. Her duties includes: Daily evaluation of patients, Assists in construction of G.I. Atlas, monitoring, reviewing, and following up with inpatient and outpatient progress

In September 2012, Dr. Sikirat Oluwatosin Onikoyi, held a presentation introduction on overview of Diabetes Mellitus under the direction of Dr. Shamsi Ekemode-Ajaga, during EKO CLUB INTERNATIONAL town hall quarterly meeting in Chicago, focusing on Diabetes Mellitus introduction, its medical complica-

tions, prevention and management, including demographic rate of incidence

<u>Please help me welcome one of our daughter into the ECI Team of young Doctors striving to make the ECI the best yet</u> in the Health awareness education.





























































































ECI WOMEN FORUM QUARTERLY REPORT JUNE 22, 2013

Blessings,

ECI Women Forum have been busy with the Ankara Fund Raising project and preparation for the 2013 ECI Convention in Ohio.



We thank all members that have supported this laudable project. All money raised will be equally divided and used towards ECI projects and ECI Women Forum projects.

The Ankara is going fast, we encourage members to act fast. We will be bringing some Ankara to the ECI QGM in California. So please bring your money. At this time, we would like all the men that have paid for the Ankara to send their Cap (Fila) sizes to the Women Forum Chairperson, Hon. Kemisola Baljak at <u>kemmsoli@yahoo.ca</u> or the Secretary, Hon. Chief Bukky Williams at <u>unitedhealthcare@yahoo.com</u>

We would like to seize this opportunity to expresss our profound appreciation to all our strong women that have continued to give their selfless service to this great organization and not to forget our evenly dedicated men as well. Together we can continue the growth of a stronger, better and enviable Eko club International.

Eko Oni Baje o!

We thank you for your various contributions!

Hon. Kemisola Adufe Baljak

Chairperson, ECI Women Forum

Memories Etched in Marble

Birthdays

- ♦ June 28 Gov Babatunde Raji Fashola
- June Hon. Sefiu Savage (Dallas)
- June Hon. Rahman Longe (Dallas)
- June Hon. Tao Oshodi (Minnesota)
- June 19— Hon. Segun Adekoya (New York)
- June 15 Hon. Micky Olumegbon (London)
- June 11—Hon. OmoKayode Dosumu (New York)
- May Hon. Rasheed Sanyaolu (Chicago)
- May Hon. Harif Atobajeun (Houston)
- May 31—Hon. Ganiyat Mumuney (Chicago)
- May 28 Hon. Kunle Omiyale (Houston)
- May 21 Hon. Kayode Opeifa (Chicago/Lagos)
- May 20 Hon. Lanre Oladega (Atlanata)
- May 19—Hon. Toyin Alowonle (Minnesota)
- May 19—Hon. Bolaji Agoro (Houston)
- May 17 Hon. Bissy Gaji (Dallas)
- May 17—Hon. Alex Ajayi-Bembe (Rhode Island)
- May 13—Hon. Mukaram Ameen (New York)
- May 3—Hon. (Arch.) Akeeb Shekoni (New York)
- May 3—Hon. Fausat Agbelega (Atlanta)
- May 2 Hon. Toun Ogbara (Chicago)
- May 2 Hon. Fausat Agbelegba (Atlanata)
- May 1 Hon. Tunde Lawal Maikano (Houston)
- Apr 29 Hon. Rasheed Giwa (Dallas)
- April 22—President Zainudeen Popoola (New York)
- April 16—Hon. Rauph Ogunbiyi (Houston)
- April 9—Hon. Bola Kosoko (California)

We at **EKO COMMUNICATOR** remain very proud of the various achievements of our 2013 graduating students.

Way to go!!!"



4 CHIEF LIAISON OFFICER

Robust cutting edge collaboration with the Govt. Will advise on all chapter relations Advise on inter-governmental relations Advance the relationship between ECI and the community. Create a path for memorandum of understanding

between the club and Lagos State

MD/CEO

Adsofun Solar Systems

14, Onipanu St. Onipanu, Lagos

78, Kwame Nkrumah St., Abuja FCT

SHOLA OYEKOYA 4 CI

THE FAMILIES OF OLOKODANA AND ROBERTS

would like to thank all of the EKO Club Members across the USA, Canada, UK, and Nigeria for the support that we received from all of you during the wedding of our children

MARQUITTIS ROBERTS AND ZINAT OLOKODANA



God Bless all of you and not just because of this wedding but because of the abundant generosity that's within your hearts

Althea Vivian and Ibrahim Olokodana

Mrs. Tolani Akinpelu, Vice President of Eko Club London, recently celebrated the joyous addition to her family as her daughter, Tolu delivered a baby boy!!!





Eko Club Delaware Valley in Colors APRIL 27, 2013



























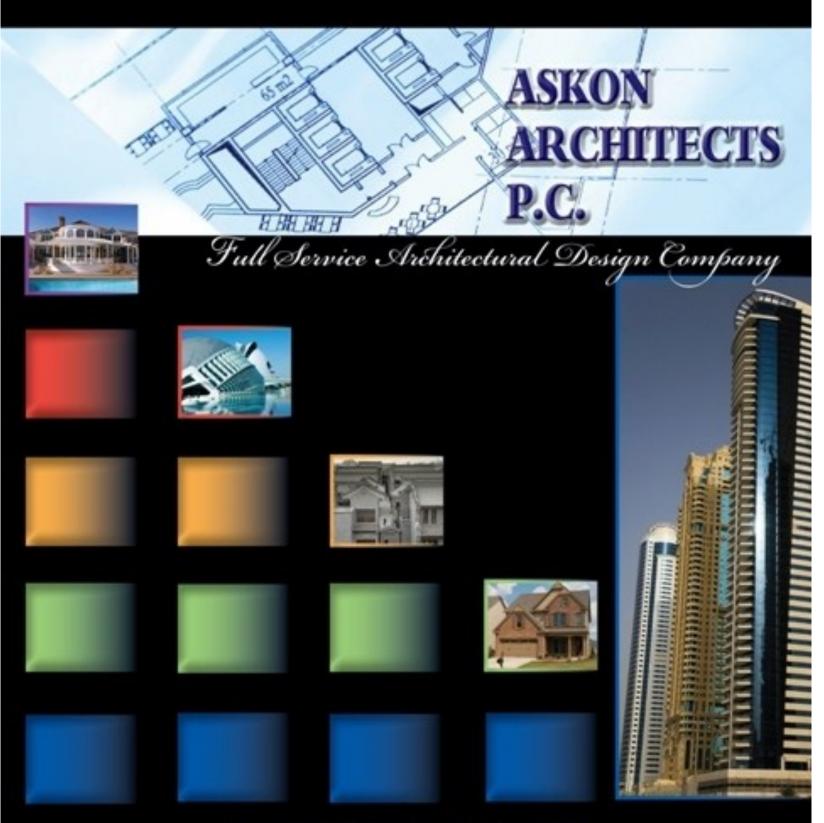






	BLESSING ^S CALIFORNIA
	PROGRAM OF EVENTS
	FRIDAY 21 st JUNE 2013
Economic Session (4:00 Pm - 8 Sheraton Gateway Hotel	:00 PM)
2. Dr. Shaffde 3. Engr. Ade 1 4. Captain Ke	iyu Johnson (Infrastructure) een Amuwo (Health) Remi (Metro Rail) enneth Hann (Fire) Triggs (Finance)
Guests: Eko Club Inte California Sta	ernational ate Senator Curren D. Price,Jr.
Welcome Dinner (9:00 PM - 10:00 PM)	
Music provided by DJ	SATURDAY 22 ND JUNE 2013
Candidate Forum (9:00 AM - 1	1:30 AM)
ECI Quarterly Meeting (12:00	D AM - 4:00 PM)
Lunch Hospitality Room	
LAX Appreciation Day (4:30 PM - 6:00 PM)	
Tour to a newly open Tom Bradley Terminal (First Come First Serve)	
Pick-up to Anniversary Venue (7:00 PM) Van provided for Guest	
10 th Anniversary Celebration and F 205 West Tor	Fundraiser (8:00 PM) rrance Boulevard Carson CA





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